

## Lactose Free, Direct Compression Formulation Used to Produce Loratadine (10 mg) Tablets

### INTRODUCTION

Loratadine is a popular over-the-counter, non-sedating antihistamine used for the temporary relief of symptoms caused by hay fever or other upper respiratory allergies. Loratadine works by blocking the action of histamine, a natural substance in the body that is released by the immune system during an allergic reaction. Many marketed loratadine products use lactose as the main filler ingredient.

Lactose, one of the most commonly used fillers in solid dosage formulations, is well known for producing tablets with high mechanical strength. However, its usage has been eroded by some relatively recent concerns, such as Bovine Spongiform Encephalopathy BSE, Variant Creutzfeldt-Jacob Disease (vCJD), and lactose intolerance. These concerns have led some formulators to evaluate other excipients in their formulations. In addition, the abrasiveness of lactose can cause a decrease in tooling life due to excess wear on tableting or capsule-filling equipment. To overcome abrasiveness, lubricants must be used, but high lubricant levels can cause a decrease in tablet mechanical strength and can affect disintegration and dissolution.

### OBJECTIVE

This study was conducted to determine the possible benefits of using Starch 1500<sup>®</sup> in a loratadine

product. The objective of the study was to produce a direct compression loratadine formulation without the use of lactose while providing acceptable tablet properties. This study also evaluated two different lubricants to determine their effect on tablet properties in this non-lactose system.

Starch 1500<sup>®</sup> is a multi-functional excipient designed specifically for use in the formulation of pharmaceutical oral solid dosage forms. Starch 1500<sup>®</sup> brings benefits to formulations through binding capability, improved disintegrant properties, and enhanced flow and lubricity. Manufactured exclusively for the global pharmaceutical market, Starch 1500<sup>®</sup> is a pharmaceutical grade of partially pregelatinized maize starch.

### MATERIALS AND METHODS

A base formulation of half microcrystalline cellulose (MCC) and half Starch 1500<sup>®</sup> was chosen for this drug. Table 1 lists the ingredients used and their levels. MCC has excellent compressibility but has limited disintegration properties. The inclusion of Starch 1500<sup>®</sup> adds bulk to the tablet and provides disintegration functionality. Two formulations using different lubricants were manufactured.

For each formulation prepared, a multi-step blending process was used in order to ensure proper distribution of the active. Initially, half of the

**Table 1. Formulations**

Ingredients[Manufacturer]	Formula 1		Formula 2	
	Percent	mg / tablet	Percent	mg / tablet
Loratadine USP [Tricon Enterprises]	6.67%	10.00	6.67%	10.00
Pregelatinized Starch NF [Starch 1500 <sup>®</sup> , Colorcon]	46.42%	69.63	46.29%	69.44
Microcrystalline Cellulose NF [Emcocel <sup>®</sup> 90M, JRS Pharma]	46.42%	69.63	46.29%	69.43
Colloidal Silicon Dioxide NF [Cab-o-sil <sup>®</sup> M-5P, Cabot]	0.25%	0.37	0.25%	0.38
Magnesium Stearate NF [Mallinckrodt]	0.25%	0.37	--	--
Stearic Acid NF [Oleotec]	--	--	0.50%	0.75
Total	100.00%	150.00	100.00%	150.00

Starch 1500® was combined with the drug and colloidal silicon dioxide. This mixture was blended in a twin shell “V” blender for 5 minutes. The mixture was then discharged and passed through a 40-mesh screen by hand. This step not only breaks up the silicon dioxide but also helps to distribute the active. The screened mixture was returned to the blender and the remainder of the Starch 1500® was added and blended for an additional 5 minutes. The MCC was then added and blended for 10 minutes. The magnesium stearate was added last and blended for 5 minutes. In Formula 2, stearic acid was added with the MCC because, unlike magnesium stearate, it is not sensitive to blending time. Both magnesium stearate and stearic acid were passed through a 60-mesh screen prior to weighing.

Moisture content by loss on drying (LOD) was determined using a Denver Instruments IR-20 moisture balance at a temperature of 105°C. Particle size analysis was performed with an ATM Sonic Sifter under the following conditions: sample size 10 g ± 0.1 g, test time 5 minutes, amplitude 4, sift-pulse setting. Bulk and tapped density were performed in accordance with USP method 1. The geometric mean particle sizes and standard deviations were determined by plotting the weight percent greater than a given diameter (on a probability scale) versus the log of the diameter and performing a linear regression. Tablets were compressed using an instrumented (SMI) Piccola (Riva) 10-station, rotary tablet press at 20 RPM. Compression force varied from 3 to 24 kN. Tablet properties, hardness, thickness, and weight were measured on an Erweka Multicheck. Friability was performed at 100 drops and disintegration times were measured in DI water. Dissolution was tested in accordance with USP 28 in 0.1N HCl.

## RESULTS AND DISCUSSION

Both formulations performed well, producing low weight variation, high tablet hardness and low friability. Low friability is an important tablet property, especially for film-coated products. Properties of the final blends were similar and the data for Formula 2 is listed in Table 2. Formula 1 contains silicon dioxide to enhance the flow of the blend. Direct compression formulations require good flow in order to maintain proper weight uniformity. For the compression study, the average tablet weight variation (%RSD) was 0.75%. In

**Table 2. Blend Properties – Formula 2**

Loss On Drying	6.8%
Bulk Density	0.50 g/cc
Tapped Density	0.71 g/cc
Geometric Mean Particle Size	73 microns
Geometric Standard Deviation	1.8

Formula 2, the silicon dioxide also acts as an anti-adherent. Stearic acid does not have good anti-adherent properties and can, on occasion, result in punch filming or lower punch binding. When colloidal silicon dioxide is used, typically at half the level of the stearic acid, these concerns can be eliminated. The average tablet weight variation for Formula 2 was 0.81%.

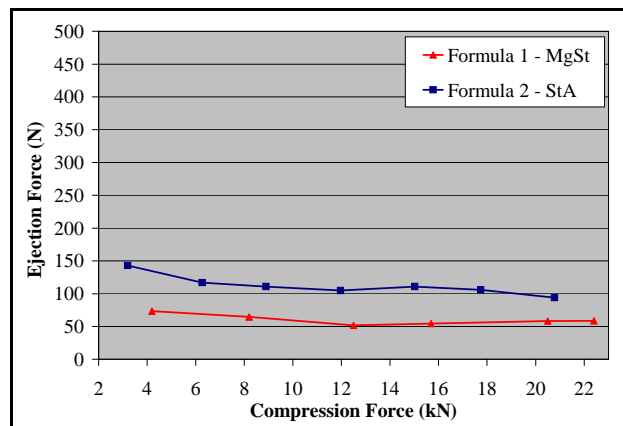
The lubrication properties of magnesium stearate and stearic acid are quite different and can affect the compressibility of plastically deforming materials such as pregelatinized starch and MCC. Magnesium stearate coats the surfaces of the granules. This coating effect builds the longer it is blended. For materials that fracture upon compression, new uncoated surfaces are exposed and bonding is not adversely affected.

Stearic acid particles remain as discrete particles in the blend. When the blend is compressed, the lubricant melts and extrudes to the die walls and punch surfaces. It is important to evaluate the levels of lubricant in each formulation and determine its effect on compressibility and ejection force. Magnesium stearate is a more effective lubricant than stearic acid. Typically, stearic acid must be used at higher levels in order to achieve similar ejection forces. In this study, stearic acid was used at 0.5% and magnesium stearate was used at 0.25%. The ejection forces measured for Formula 1, containing magnesium stearate, were approximately half of those of Formula 2, containing stearic acid. While higher, the ejection forces of the stearic acid formula were well within the acceptable range (see Figure 1, next page). Both formulations utilized Starch 1500®, which exhibits self-lubricating properties; therefore, high lubricant levels are not typically required. The choice of lubricant would depend on the formulator’s or the company’s preference and the targets set for the resulting tablets.

Because of the method of action of the lubricants, differences in tablet hardness were observed. Table

3 lists the tablet properties when a compression force of 15 kN was used to compress each formula.

**Figure 1. Ejection Force Profile**

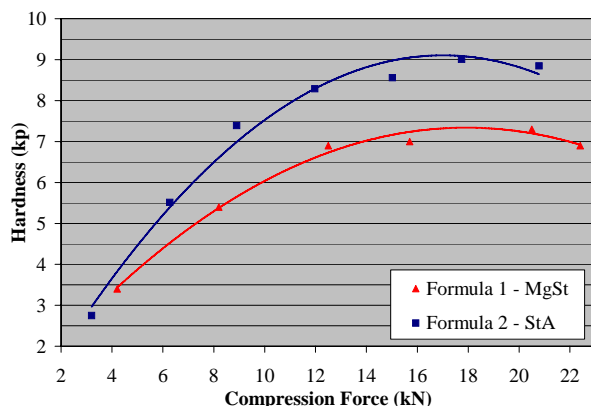


**Table 3. Tablet Properties**

	Formula 1	Formula 2
Weight	148 mg	147 mg
Hardness	7.0 kp	8.6 kp
Friability	0.05%	0.07%
Thickness	3.65 mm	3.59 mm
Disintegration Time	2.8 min	1.2 min
Ejection Force	55 N	111 N
<b>Tooling:</b> Round 9/32" standard concave		
<b>Compression Force:</b> 15 kN		

Both formulations produced very similar hardnesses throughout the compression force range. Both formulations also showed a maximum hardness at approximately 18 kN of compression force. Figure 2 shows the compression profiles for both formulas and clearly shows improved hardness with the use of stearic acid. Both formulations produced very low friability values.

**Figure 2. Compression Profile**



Disintegration times for both formulations were rapid. Formula 2, containing stearic acid, which also had higher hardness, disintegrated faster than Formula 1, containing magnesium stearate. This may be due to the hydrophobicity of magnesium stearate. Figure 3 shows the dissolution profile of Formula 1 compared to the marketed Claritin® lactose-based formulation. Starch 1500® not only provided binding action that produced good mechanical strength in these formulas, but it also acted as a disintegrant, causing a rapid breakdown of the tablet and fast release of the drug.

**Figure 3. Dissolution Comparison – Media 0.1N HCl**

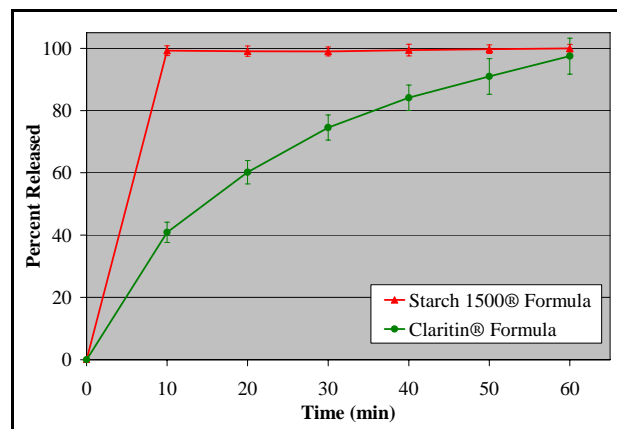


Table 4 compares the disintegration times of the products and the amount of drug released in 10 minutes. The disintegration time of the Claritin® formula was acceptable; however, the Starch 1500®-formula resulted in the much higher dissolution rate of the tablets. At the 10-minute time point, the Starch 1500® formulation released 99% of the drug while the lactose formulation released only 41%. Table 5 lists the ingredients contained in the Claritin® product.

**Table 4. Comparison of Products**

	Disintegration Time	Dissolution
Starch 1500® Tablets	2.8 min	99% released in 10 minutes
Claritin® Tablets	5.1 min	41% released in 10 minutes

**Table 5. Claritin® Qualitative Formula**

Loratadine
Lactose
Corn Starch
Magnesium Stearate

## CONCLUSIONS

These formulations containing Starch 1500® produced tablets with excellent hardness and friability values without the use of lactose as a diluent. Higher tablet hardness was attained with the formulation containing stearic acid as the lubricant. Both formulations exhibited low ejection forces while using low levels of lubricants, thereby reducing stress and wear on tooling and machinery. The use of Starch 1500® was also responsible for the rapid disintegration of the tablets. For tablets produced at 15 kN of compression force, Formula 2 disintegrated in half the time of Formula 1 even though the hardness of Formula 2 was higher. The dissolution of loratadine from the Starch 1500®-based tablets was rapid compared to the commercial lactose-based Claritin® formulation. These results show the strong disintegration functionality of Starch 1500®. In addition to these benefits, a formulation containing Starch 1500® and microcrystalline cellulose rather than lactose would show improved physical stability, as described in Colorcon Technical Data Sheet – Lactose Replacement with Starch 1500® in a Direct Compression Formulation.

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**World Headquarters**

Colorcon

415 Moyer Blvd., P.O. Box 24, West Point, PA 19486-0024

Tel: 215-699-7733 Fax: 215-661-2605 Website: [www.colorcon.com/pharma](http://www.colorcon.com/pharma)e-mail: [info@colorcon.com](mailto:info@colorcon.com)

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<b>Locations</b>	<b>Telephone</b>	<b>Facsimile</b>	<b>Locations</b>	<b>Telephone</b>	<b>Facsimile</b>
<i>United States</i>			<i>Asia/Pacific</i>		
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